

COVID-19 Testing at Home

YOUR TESTING KIT CONTAINS:



Nasal swab



Test tube



Buffer liquid



Test cartridge

YOU WILL NEED:

- A clean, level surface
- Hand sanitizer
- A timer or clock

BEFORE YOU START

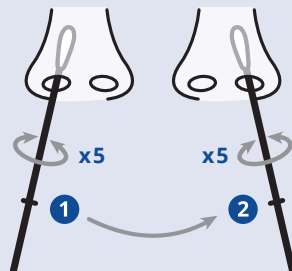
- Sanitize your hands
- Clean surface
- Open the contents of your testing kit
- Remove the test cartridge from the wrapper
- Write your name on the cartridge if testing more than one person



To view an instructional video, visit gnb.ca/pointofcaretesting

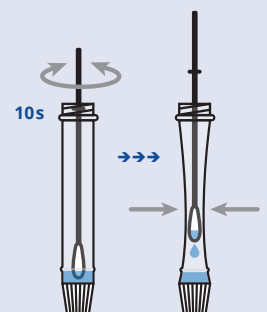
STEP 1

- Add 10-12 drops of buffer into test tube until it reaches marked line.
- Insert the swab into your nostril, approximately 2cm.
- Rub and rotate the swab 5 times around and repeat for the other nostril.



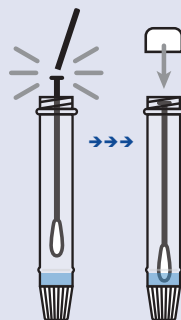
STEP 2

- Gently tap the test tube to bring the fluid to the bottom.
- Remove blue cap. Immerse swab tip into liquid, swirling up and down for 10 seconds.
- Pinch tube around swab to squeeze out remaining liquid.



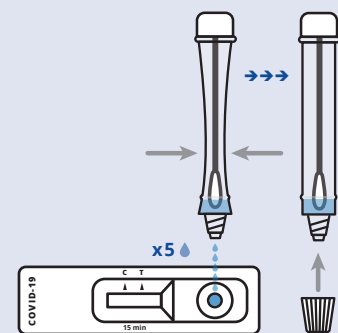
STEP 3

- Find the break line on the swab handle and snap the swab here.
- Replace the blue cap, with the swab remaining inside of the tube.



STEP 4

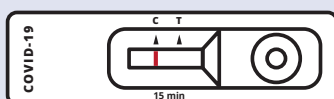
- Twist off the white dropper cap from the bottom of the test tube.
- Gently squeeze 5 drops into the round well of the test cartridge.



STEP 5

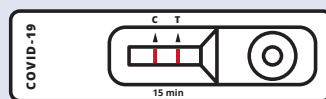
Let the sample move across the white strip. After a total of 15 minutes, you can determine the result. When finished, put testing supplies in the garbage, sanitize your hands, and clean your testing space.

NEGATIVE RESULT



One line at the C mark, no line at the T mark. No reporting needed, continue with your testing schedule.

POSITIVE RESULT



Two lines: one at the C mark, one at the T mark. You must immediately self isolate. To arrange for confirmation testing, go to gnb.ca/gettestedcovid19 or call 811.

INVALID RESULT

If your test result does not match either the NEGATIVE or POSITIVE examples, the test may not have worked. Re-test until you receive a **positive or negative** test result.